Innovative Strategies for education of Gen Z and Alpha with special focus on Sustainable Development Goals

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Abstract: The paper explores the possible integration of Sustainable Development Goals (SGDs) into 11 higher education, through innovative learning strategies created as a part of Sustainable Entrepre-12 neurship in EDucation project (SEED project). As world faces environmental, social and economic 13 pressures, Higher Education Institutions (HEIs) should not only prepare students for professional 14 success, but also develop their Sustainable Development (SD) competencies and SDGs oriented 15 awareness. Such efforts must be proactive, what means that new generations (Gen Z and Alpha) 16 learning preferences have to be taken into account and educational strategies used, properly aligned 17 with them. Therefore the paper presents several educational strategies oriented on SDGs and pref-18 erences of new generations. In order to effectively equip students with necessary SD competencies, 19 several approaches have been adopted and adapted in the frame of SEED project. The most im-20 portant include Game-based Learning, Challenge-based Learning and Design Thinking. Assess-21 ment methods have also been tailored to new requirements driven by new generations learning 22 preferences, with special focus on SDGs. The paper demonstrates the potential of SEED project 23 outcomes in developing skills and knowledge of future leaders and decision-makers who will con-24 tribute to sustainable business practices, aligning education with global sustainability agenda. 25

Keywords: Education for Sustainable Development; SEED project; Game-based Learning; Challenge-based Learning; Design Thinking2627

1. Introduction

The concept of sustainable development (SD) can be dated back to 1972, when it re-30 ceived first international recognition. During the last decade it has become a global prior-31 ity. The main driving force was an urgent need to consider social, environmental and eco-32 nomic challenges faced by humanity. To address all pressing issues, 17 Sustainable De-33 velopment Goals (SDGs) have been set and adopted by all United Nations Member States 34 in 2015. SDGs achievement requires involvement in all important sectors of society – 35 profit and non-profit organizations, civil society, governments and educational institu-36 tions. One of the most important roles in these efforts is played by Higher Education In-37 stitutions (HEIs). HEIs are responsible for preparing graduates (future decision makers, 38 leaders, staff members, innovators) who will shape and develop polices, requirements 39 and best practices to meet SDGs and determine if they are met. To do this, HEIs must 40 integrate SDGs into their curricula and research efforts. Such integration should foster 41 building of sustainable development awareness, competencies and values needed to suc-42 cessfully achieve SDGs. The area that is quite resistant to efficient integration is education. 43 The reason is that new generations (Gen Z and Alpha) have developed specific learning 44 preferences. Nowadays, educating in an optimal manner requires deep understanding of 45

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those preferences and careful aligning educational strategies with them. Such educational46transformation is supported by UNESCO Education for Sustainable Development frame-47work (ESD) [1]. ESD promotes active learning, critical thinking, problem solving and en-48courages students and educators to apply SD concepts to real world contexts. However,49implementation of the framework is a demanding task. To integrate these recommenda-50tions in practical learning context, the HEIs optimal educational strategies, that takes into51account learning preferences of Gen Z and Alpha, have to be applied.52

This paper presents the outcomes of Sustainable Entrepreneurship in EDucation project53(SEED project), funded by the European Union (2022-1-PL01-KA220-HED-000088765) in54the form of innovative educational strategies – Game-based Learning, Challenge based55Learning, Assessment tools, Design Thinking – focused on cultivating SDGs awareness56and competencies. Exploring the application of these educational strategies, the paper57shows how to use them in preparing future staff members, leaders and decision makers58who will address the complex challenges of sustainable development.59

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2. Importance of SDGs awareness within workforce of contemporary enterprises

Adopted in 2015 by all United Nations Member States, SDGs represent global call to 61 action for undertaking the challenges regarding environment, society and economy. SDGs 62 achievement should lead to peace and prosperity for all people in the planet. SDGs con-63 cern, among others, such issues as poverty, inequality, education, climate change, peace, 64 justice and environmental degradation. This initiative's core vision is to achieve a sustain-65 able future for all, in a balanced manner. This balance is important because SDGs are 66 strongly interconnected, and actions undertaken in one area may affect outcomes in oth-67 ers. Therefore, every activity that is being done should balance social, environmental and 68 economic sustainability. 69

High level of SDGs awareness within workforce is the source of many benefits for 70 contemporary organizations. A core advantage is a high level of staff members' perfor-71 mance in various dimensions of sustainability, while carrying out business activities. 72 Apart from higher performance, staff members take a more proactive approach to sus-73 tainable practices. A study conducted in the public sector has shown that employees with 74 a high level of SDGs awareness exhibit better performance in economic, environmental 75 and social areas [2]. It is important from a business perspective, as this may reduce re-76 source consumption, minimize waste, and adopt socially responsible policies. For in-77 stance, deep understanding of SDG12 (Responsible Consumption and Production), can be 78 a driving force for internal motivation to constantly finding way for better, more sustain-79 able production methods, cost saving in the long-run and reducing environmental foot-80 print (Smaniotto). 81

High level of SDGs awareness may also impact performance on organizational level 82 and finally lead to better enterprise resilience. It is related to understanding the relevance 83 of SDG8 (Decent Work and Economic Growth) and SDG13 (Climate action). With such 84 awareness employees will help organizations to better adapt to shifting market demands, 85 regulatory changes and more likely identify opportunities for sustainable growth and de-86 velopment. Moreover, because consumers increasingly prefer companies that are SD re-87 sponsible, businesses that value SDGs can observe positive impact on the brand image 88 and brand loyalty. 89

In the contemporary business ecosystem, having employees with high SDGs awareness is a catalyst for bargaining power and thus gaining and sustaining competitive advantage. SDGs awareness within the workforce enhances engagement, drives innovation, improves performance of enterprise on individual as well as organizational levels and is an enabler for achieving sustainability objectives in global context. Embedding awareness in organizational culture helps in operating in the business world where sustainability is a key success factor. 90

According to UNESCO ESD, education plays a key role in achieving SDGs. HEIs 97 should actively support not only Goal 4 (Quality Education) achievement but may also 98

prepare new generations representatives for carrying out activities related to entire SDGs 99 framework. Graduates should be prepared for both activity areas - individual, related to 100 everyday life and organizational when playing a role of company staff members. A holis-101 tic approach provided by ESD should help educators and enable learners to fully under-102 stand and take actions that comply with the interconnections between environmental, eco-103 nomic and social sustainability. Well prepared graduates equipped with SD competencies 104 will effectively contribute to the achievement of all 17 SDGs. These graduates will become 105 companies' workforce soon. Their awareness of SDGs is for companies a key factor for 106 successful integration of sustainability practices into business strategies, processes and 107 operations. 108

3. How to educate new generation of workforce – paradigm shift in learning preferences

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HEIs (Higher Education Institutions), according to their mission, should actively con-111 tribute to the Sustainable Development Goals. As the United Nations Declaration states 112 "Since Higher Education Institutions (HEIs) educate and train decision makers, they play a key 113 role in building more sustainable societies and creating new paradigms. As educational institu-114 tions, they have the mission to promote development through both research and teaching, dissemi-115 nating new knowledge and insight to their students and building their capabilities. Given the ob-116 jectives of Rio+20, HEIs have a special responsibility to provide leadership on education for sus-117 tainable development." [3]. The implementation of this declaration is taking place in several 118 ways. In recent years, specialised faculties with the word sustainable in the name have 119 been created (e.g. sustainable management, sustainable finance, environmental sustaina-120 bility). All of them aim to educate future leaders, equipping them with the skills and 121 knowledge needed to contribute to the sustainable development of societies. In addition 122 to newly created SD specialized faculties, additional subjects or specialisations on these 123 topics are also being added to existing ones. The universities also carry out research pro-124 jects related to the SDGs, develop patents either as part of staff research or student circles. 125 Open lectures, meetings with experts, seminars and scientific conferences are also organ-126 ised. Many students also undertake internships in companies which values are linked to 127 sustainable development. A distinction must be made between the two concepts - educa-128 tion for sustainable development (ESD) and sustainability education (SE). In the former, 129 students are equipped with the necessary knowledge, skills, and values to ensure sustain-130 able development, while the latter has a broader meaning and implies incorporating sus-131 tainability into all educational domains and aims to transform individual behaviours, fos-132 tering harmonious coexistence with society, the environment, and the planet [4]. HEIs 133 should make an ongoing effort to build curricula based on key competences, but this re-134 quires intensive training programmes for academics and developing their knowledge on 135 the subject [5]. Only with well prepared academics universities will be able to apply inno-136 vative and activating pedagogical strategies and provide better education for SD. These 137 strategies should shape key competences for sustainable development. When analysing 138 key competences, many of them are psychological and behavioural rather than practical 139 [6]. Hence, researchers tend to cite approaches such as action learning, backcasting, col-140 laborative learning, gamification, Game-based Learning, simulation [7], case studies, pro-141 ject- or problem-based learning [8], challenge-based learning [9], Design Thinking [10]. 142 These methods are not entirely new, but their use is not as widespread as one would think. 143 Certainly, due to the characteristics of the students, the traditional teaching methods i.e. 144 lectures are not effective and many of the world's leading universities are considering 145 abandoning it. The variety of pedagogical strategies is also enforced by the great diversity 146 of students and the new generations, in particular Generation Z and Alpha. 147

To effectively develop students' SD competences, HEIs should, in the first place, 148 build deep understanding of new Generations (Z and Alpha) learning preferences. This 149 understanding will constitute a foundation that enables to apply optimal learning 150 strategies, increasing young people's motivation as well as engagement and finally improve the effectiveness of educational processes. 152

How to decode the context and the habits that influenced young learners' preferences and finally caused paradigm shift in learning styles? The following insights may help:

> Digital Natives. These generations are the first ones with digital technology 155 fully integrated into their everyday life and supporting most of the activities 156 being done, including the learning process. They are familiar with digital de-157 vices (tablets, smartphones, laptops), internet resources and services. Tech-158 nology for them is a natural extension of their abilities and tool being used 159 daily. All these affected their learning preferences about techniques and 160 tools, where on-line, collaborative and interactive environments are perva-161 sive. 162

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- Attention span of learners. It is not possible to keep the focus of Gen Z and 163 Alpha representatives for longer periods of time. Usually, when only listen-164 ing, they turn off the focus and the cognitive processes after few sec-165 onds/minutes. According to researchers, the attention span for Gen Z and 166 Alpha is around 8 seconds, that is less than half as long as for the Baby Boom-167 ers (20 seconds). As a result, the way they engage with educational content 168 is different. What captures their interest are visually appealing, interactive, 169 bite-sized learning materials that involve teamwork and cooperation with 170 other learners. 171
- Learning autonomy. Gen Z and Alpha prefer self-directed and self-paced 172 learning experience. The more autonomy is involved in a learning process 173 the better. They like to search and collect information on their own, use 174 online resources and internet services in independent manner. This insight 175 may provide valuable hints for optimal learning strategy applied in some 176 cases, because it means that properly selected "challenge" and unambiguous 177 rules set, may be all they need to start learning and develop skills in autono-178 mous manner. However, they still need a guidance and constant feedback 179 from teachers/mentors. These are the catalyst for efficient and effective learn-180 ing process. 181
- Multi-modal learning. New generations' representatives prefer learning con-182 tent that includes different styles - reading, writing, visual, auditory and kin-183 esthetic [11]. It is about teaching with the use of different channels and forms, 184 the learning materials are represented. Various types of content enable all 185 students to learn more productively, and in the way every individual prefers 186 the most. There are several benefits provided by such an approach. Learners 187 are more engaged, apply knowledge and skills to real-life situations, teachers 188 may be more creative with subject matter content, and the learning process 189 can be more fun. Multi-modal learning also supports learners' autonomy as 190 everybody can choose his/her own learning style according to individual 191 preferences. 192
- Collaborative learning. New generations are comfortable with collaborative 193 learning tools and platforms. Collaborative learning may be conducted on-194 line or in-class. Analog tools, like pen and paper are also very valuable sup-195 port. Gen Z and Alpha representatives, as they are in constant interaction on 196 social media platforms and often undertake collaborative activities, prefer 197 group projects and teamwork. Discussions on group forum and feedback 198 provided by teachers and peers are also important elements of the learning 199 process. Research results show that collaborative learning provides many 200 benefits in such dimensions as social, psychological and academic. Those es-201 pecially important from the SD perspective are building diversity under-202 standing among students and staff, establishing a positive atmosphere for 203 modelling and practicing cooperation as well as developing learning com-204 munities [12]. 205

- Microlearning. New generations prefer short, focused lessons or training 206 modules. It perfectly aligns with their attention spans. Short learning mod-207 ules in the form of "easy to swallow pills" can deliver most important 208 knowledge chunks and develop critical skills related to current job market 209 requirements. With the very rapid development of micro-credentials, which 210 are widely recognized by employers as confirmation of specific skills, micro-211 learning may become a basic building block of learning strategies developed 212 by HEIs. 213
- Subject-matter learning content. There are also new generations preferences for 214 subject-matter learning content. Firstly, it should be authentic and relevant. 215 Gen Z and Alpha representatives value the most real-world content and ex-216 periences. They like to undertake challenges and solve problems important 217 to their lives and personal and professional future. They are also more glob-218 ally connected and culturally aware. Diverse perspectives, viewpoints and 219 the impact of different cultures are welcome. A sense of purpose is also a 220 very important ingredient of learning experiences. They will be more en-221 gaged with the content, which is aligned with their values and society, in-222 cluding SDGs. Such preferences may be the driving force for motivation and 223 engagement when teaching about SD and developing SD skills. 224

This paper explores why specific learning strategies developed in SEED project are225well suited for Gen Z and Alpha representatives. Table 1. presents some interconnections226between their learning preferences and educational strategies selected in SEED project.227

Learning Alignment with Gen Z and Alpha Preferences strategy Puts an emphasis on innovation, creativity, problem solving and critical thinking. Aligns with solution-Design focused mindset of Gen Z and Alpha. Provides a foundation for collaborative, iterative, active and auton-Thinking omous solving complex, real-world, sustainability problems. Focus on user-centered solutions complies with new generations interest in creating practical impactful outcomes. Provides interactive, gamified environment. Involves new technologies and immersive, hands-on experi-Gameences. Supports the need for bite-sized content and constant, immediate feedback. Maintains attention based and stimulates internal motivation. Offers competitive and collaborative virtual environment that com-Learning plies with preferences for teamwork and problem solving in simulated real-world context. Aligned with preferences for autonomous and purpose-driven learning. Shows real-world relevance and Challenge enables to engage with meaningful challenges, closely related to personal and professional future of Gen based Z and Alpha representatives. Includes elements of collaborative and project-based learning, by providing Learning environment for teamwork during solving sustainability challenges. Enables to see tangible impact of decisions made and fosters deeper understanding of SDGs importance. Provides with opportunities to practically apply knowledge gained, to real-world situations and explore its relevance. Involves collaborative learning, critical thinking and discussion in the context of teamwork Case Study and peer interactions. Promotes taking different perspectives, outcomes analysis, reflection on learning and develops problem solving and decision making skills.

Table 1. SEED project's learning strategies and their alignment with Gen Z and Alpha preferences228

The following sections of the paper first present each of the strategies in general terms and then show how each has been adopted in the SEED project, in the context of building awareness and developing SDG skills in Generation Z and Alpha.

4. Design Thinking as a Framework for SDGs students' awareness development

Companies use Design Thinking (DT) in generating and evaluating innovative ideas 234 for sustain-ability-oriented innovations. In particular DT is used for defining the appropriate scope of innovation, considering different stakeholders, and identifying related 236 user needs and sustainability outcomes [13]. DT tools that are widely used in business and 237

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innovation can also be successfully applied in ESD. Design thinking tools are considered 238 to deal with the increased complexity of the business, natural, and social environment, so 239 the method is increasingly applied to SD problems, which are always complex problems 240 without easy and quick answers. DT and sustainability science are compatible as the ap-241 plication of DT can result in actions that have a high impact and are integrated into their 242 unique socio-ecological context [14]. The application of DT is versatile i.e. it can be used 243 in the classroom as an innovative pedagogical strategy integrated into curricula to help 244 students better understand and solve complex sustainability issues. However, the DT 245 framework can also be used for curriculum planning, learning out-comes, competency 246 testing, building student profiles, collaborating with the university com-munity, to name 247 just a few of the ideas that are emerging. The literature has long provided many examples 248 of the application of DT to SD problems that a sustainability professional will encounter, 249 e.g. eco-design related to the use of environmentally friendly materials, design for pur-250pose aiming at customisation, design for behaviour as design to get the user to use it sus-251 tainably and systems design for the design of whole organisations [15]. The effectiveness 252 of the application of DT in higher education in SD is supported by case studies described 253 in the literature. Mann et al. [16] described a project on the sustainability of a lake envi-254 ronment that ex-posed students to the social, business, and environmental perspectives 255 associated with a local endangered lake and its surrounding wetlands and made SD issues 256 close to them. This result would not have been possible without the use of DT. The use of 257 DT in an environmental engineering course has shown a positive impact on students' per-258 ceptions of their creativity and their future sustainability practices [17]. Special courses for 259 engineers applying Design Thinking to sustainability, innovation and interculturalism are 260 also being developed using DT together with intercultural, transdisciplinary, and inter-261 disciplinary perspectives in innovation development processes, and all teaching is done 262 using online tools [18]. 263

5. Game based learning

It is not surprising that the GBL method, used in the field of higher education with 265 success, has also started to be used in teaching for sustainable development. As research 266 shows, students retain the knowledge gained through game-based approaches better, es-267 pecially in interdisciplinary fields requiring critical thinking and communication [19]. 268 Through educational games, students can gain experiences in a virtual world that can later 269 shape their behavioural patterns and directly influence their reflection [20]. Educational 270games help develop problem-solving skills, which is crucial in preparing students for pro-271 fessional challenges in the field of sustain-ability, e.g. understanding sustainability, envi-272 ronmental protection, and resource management, etc. The ability to solve unstructured 273 problems in games enhances students' ability to solve real-world problems once they 274 leave university and enter the labour market [21]. Another extremely important aspect of 275 the use of games is collaborative university learning, as most games for SD are team 276 games. Group learning is a standard part of the learning process as games are one of the 277 most effective methods to ensure it [22]. Many successful applications of GBL in education 278 for SD have been described in the literature [23,24,25,26,27,28]. Obstacles standing in the 279 way of wider application of GBL in the field of higher education are the excessive cost of 280 preparing advanced games, the time needed [29], and the heavy involvement of academ-281 ics in the process of integrating the game into the classroom [30]. 282

6. Challenge based learning

Challenge Based Learning (CBL) is an experiential learning model of education in 284 which students confront compliant challenges linked to the local or global environment. 285 In the process of completing a task, students use subject-matter knowledge, technology, 286 and teamwork. They show self-discipline and commitment by consequently taking re-287 sponsibility for their own learning. CBL is one of the recommended methods for ESD, as 288 it allows students to reflect on local, national, or global issues. CBL is quite often linked to 289

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e-learning, which enables communication between students and between students and 290 teachers [31]. Research shows that the use of CBL increases the sense of agency among 291 students, where they can recognize how to benefit society [31,32]. Working on real-world 292 challenges designed with a external stakeholders shows an increase in the level of key 293 competencies for SD compared to a group taught traditionally [33]. CBL is one of the key 294 methods to educate engineers who will solve recent problems considering SDGs and 295 transfer knowledge from one context to another [34].

7. Tools for assessing students' progress

7.1. Feedback

The characteristics of instant gratification are deeply ingrained in the minds of Gen-299 eration Z and Alpha students. They have grown up in an environment where immediate 300 responses are the norm. This is evident in their expectations regarding digital interactions. 301 On social media platforms like Facebook or Instagram, they are accustomed to seeing the 302 reactions of their friends in real time. Similarly, when learning via a mobile app or playing 303 a game, they anticipate immediate feedback. As might be expected, students have similar 304 expectations of class-room interaction. One of the best tools that can be used is feedback, 305 which helps avoid mis-takes, develops motivation, and boosts students' self-esteem. Oral 306 or written feedback from the teacher is an important part of the assessment of learning. 307 Feedback helps to transfer more responsibility for learning to students, promoting a more 308 active and engaged learning environment [35]. Well-structured feedback should be spe-309 cific and detailed, regular, constructive, understandable to the student, regular, and fo-310 cused on the process rather than the person. Valuable feedback allows the student to un-311 derstand the mistakes made to move on to the next step. Tasks that allow for valuable 312 feedback in line with ESG objectives should be complex, where students themselves are 313 not able to find simple answers quickly [36]. 314

7.2. Case study

Case study is another teaching strategy that can be successfully used to improve com-317 petences in many different fields. The method can be used both to reconstruct the course 318 of a phenomenon, to present the conditions and the factors that shape it, or to broaden the 319 knowledge of a phenomenon that is not fully defined (which is the majority of problems 320 in sustainable development). Many studies are showing the advantages of this teaching 321 method in many different areas [37,38,39,40]. Case-based teaching reduces the distance 322 between theory and practice, which is extremely important for students' future careers. 323 Georgallis and Bruijn [41] showed how to use the case study method reinforced with de-324 bates for teaching complex sustainability issues in business schools. According to their 325 research, the use of case-based de-bates significantly improves students' critical learning 326 process and makes it more interactive and dynamic, finally building the ability to apply 327 theoretical knowledge to real-world sustainability challenges. The case study method 328 based on sustainability content can also be success-fully used in teaching English empha-329 sizing the need to involve teachers of all subjects in effectively teaching sustainability [42]. 330

7.3. Rubrics

Rubrics aim to make the assessment process more transparent and consistent by 333 clearly de-fining expectations and standards. Assessment is a broader process of evaluat-334 ing student learning, while rubrics are specific tools used to standardize the assessment 335 of individual tasks. Rubrics provide detailed feedback on specific criteria, helping stu-336 dents to understand their strengths and areas for improvement [43]. Rubrics typically in-337 clude criteria i.e. items and skills to be assessed, levels of achievement and a detailed ex-338 planation of what is expected at each level of achievement (descriptors). When formulat-339 ing curricula on sustainability issues, the creation of rubrics is a significant challenge due 340 to the interdisciplinary nature of the problems to be solved by students and the variety of 341

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competencies needed to solve them. This problem has been noted by many researchers 342 proposing different approaches to rubric construction. For example, Gulikers and Oonk 343 [44] propose a Boundary-Crossing Rubric to help operationalize student learning in trans-344 disciplinary sustainability projects. The proposed rubrics are designed to capture what 345 students can learn when they learn in groups through inter-disciplinary problem solving, 346 in a cross-cultural environment and social setting. Their experience has shown that the 347 use of rubrics has many benefits for both students and teachers over simple assessment 348 but requires a deep understanding of the tool itself by both parties. Kushwah [45] empha-349 sizes the importance of well-designed rubrics in enhancing student engagement, provid-350 ing structured assessment and developing core competencies in ESD. Mackeown [46] pro-351 posed a 16-dimensional rubric with three levels of performance used to assess a task. 352 McCormic et all. [47] developed a method to assess students' application of sustainability 353 principles in engineering design. Similarly, Watson [48] proposed a rubric for the engi-354 neering sciences with different criteria for measuring sustainability in dimensions such as 355 environ-mental impact, social implications and economic considerations. Another exam-356 ple of a rubric is the Sustainability in Higher Education Assessment Rubric - SHEAR 357 which can be used to develop programmes and courses to teach sustainability concepts to 358 students [49]. A more recent example of this type of rubric assessing entire curricula for 359 their integration with sustainability principles and criteria to improve curricula can be 360 found in the work of Freitas [50]. 361

8. SEED project outcomes as the tools for SD skills development

This part of the paper describes the outcomes of Sustainable Entrepreneurship in EDucation project (SEED project, 2022-1-PL01-KA220-HED-000088765), funded by the European Union. The project aimed to implement a set of innovative learning methods and tools that considers learning preferences of new generations and, at the same time, develops sustainable development awareness, related skills as well as deepen the knowledge on SDGs.

8.1. Design Thinking

The SEED project applied the Pedagogy for Nurturing Sustainability Changemakers 371 model [51]. The learning environment and tools will be accompanied by choices made 372 jointly by teachers and students in relation to complex problems, structured modules, con-373 structive adaptation, modes of assessment, problem solving, feedback and reflection. The 374 six steps include (re)iterative DT activities involving empathy, (re)defining for under-375 standing, idea generation, prototyping, evaluation and implementation. Each DT step is 376 supported by suggested tasks and tools and step-by-step scenarios to help students in the 377 learning process. Figure 1. presents the model. 378

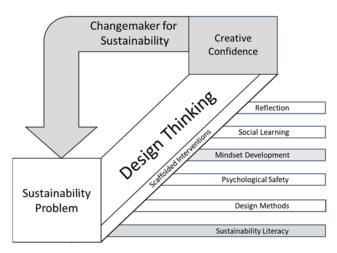


Figure 1. DT framework and its application to solving SD problems

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Source: [51]

The DT process is seen as a series of interventions that support a change in thinking. 383 Process starts with the problem of sustainability. Solving the problem requires knowledge 384 of sustainability and design methods. Students' psychological safety is built up by signing 385 team or class contracts. Mindset Development takes place through action, reflection, discussion, and repetition. Social learning takes place through group work, followed by indepth reflection. Creative confidence is the outcome of the complete process [51]. 388

8.2. Game based learning

In the SEED simulation game, the student must participate in realistic situations of 391 business decision-making to develop key competencies in sustainable development. Play-392 ers in con-trolled SEED simulation game environment have to balance company profita-393 bility with social and environmental responsibilities. This is an immersive experience 394 game, developing the skills necessary for sustainable development. SEED simulation is 395 aligned with the United Nations Sustainable Development Goals (SDGs) as it calls for 396 players to implement and explore varied business sustainability practices, while manag-397 ing their virtual enterprises. 398

Students adopt the roles of executive teams in the game, where they make realistic 399 decisions that impact the success of an entire business - The Café. By playing through the 400 game's challenges, the students develop their skills in running a business focusing on sus-401 tainability. Among these decisions, students will need to choose a location considering 402 possible custom-er demographics, plan the menu, order necessary equipment, and hire 403 employees. Beyond that, there are marketing and promotional considerations for the play-404 ers. They are supposed to read market trends, keep an eye on competitors' moves, and 405 change their business strategy accordingly in a dynamic way. The business is part of a 406 shared market environment with other student-run businesses. During the SEED simula-407 tion, students will have the chance to: 408

- Develop and practice core business skills, such as strategic decision-making 409 (goal set-ting, resource allocation, market analysis, etc.), financial manage 410 ment (projecting costs and revenues, tracking operational expenses, pricing 411 strategies, etc.), human re-sources management (hiring suitable staff, provid 412 ing necessary training, etc.), and marketing (building brand identity, launch 413 ing campaigns to attract and retain customers, etc.).
- Enhance teamwork skills, as all decisions in the game are made collabora-415 tively, with responsibilities distributed among team members from the start. 416 Students must evaluate data, engage in discussions, and implement the cho-417 sen strategies together. This process strengthens communication, negotia-418 tion, critical thinking, and the ability to work under pressure. By reviewing 419 their performance after each round, students gain insights from their mis-420 takes and use this knowledge to plan future actions. The game instills a sense 421 of responsibility, helping students understand how individual choices can 422 influence the overall success of their team. 423
- Tackle realistic sustainability challenges. The game prompts engage to implement a sustainable strategy for The Café, requiring them to make decisions that carefully balance profitability with sustainability goals. Every choice they make as business leaders comes with consequences, pushing them to think critically about their impact as entrepreneurs.

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< Coffee beans (1 kg	g)			
Needed for: Espresso 50 Ameri Cranberry Cappucino 50	cano 50 Cappucin	o 50 Pumpkin Spice	Latte 50	
Supplier name	Price €	Eco index ø	Your order	Sum €
Sergio Cash & Carry ①	15	с	0	0
Metro Cash & Carry ①	14	D	0	0
Lavazza (I)	20	в	0	0
JAB Holding Company ①	21	В	0	0
India ECO Beans ①	25	A	0	0
Potential clients population (in ne uses this ingredient: 3000 2500	ext round) intereste	d in all your products	(by menu main cate	gory) that

Figure 2. Decision-making interface in Deliveries area in SEED simulation game

Source: SEED Project

A ranking system has been introduced to measure the effectiveness of students' de-432 cisions. The students can compete in market positions for the following three main rank-433 ings: the Overall Ranking, based on revenues their businesses generate; the Ecological 434 Ranking, referring to the ability of an enterprise to integrate better eco-friendly practices, 435 such as choosing eco-friendly suppliers or using energy-efficient machinery; finally, the 436 CSR Ranking, which shows how much each team is committed to responsible business 437 practices, like the integration of persons with disabilities or accessibility for everyone in a café. 439

8.3. Challenge based learning

Twelve Sustainability Challenges were developed to ensure that students develop critical and entrepreneurial thinking with a focus on sustainability. The Sustainability Challenges were crafted to involve the students in role-playing, where they enact all the parts. By playing different roles, students can explore other perspectives as they adopt new personas.

They have been divided into four groups to ensure that the level of difficulty and familiarity is tailored to the students' needs. The following challenges were developed:

Novice Sustainability Challenges:

- Green Office Practices aimed to design and implement sustainable practices within the office environment for a successful startup company to reduce energy consumption, promote recycling, and minimize waste generation.
- *Eco-Friendly Event Planning* aimed to organize a sustainable entrepreneurship workshop with a focus on minimizing environmental impact, reducing waste, and promoting eco-friendly practices.
- Green Home Gardening aimed to design an environmentally friendly home gardening service that promotes biodiversity, conserves water and minimizes pesticide use.
- Beginner Sustainability Challenges:
- Sustainable Pet Ownership aimed to design a comprehensive system for sus-460 tainable pet ownership that minimizes environmental impact without com-461 promising the health and well-being of the pets 462
- Campus Food System aimed to design a sustainable food system for your college campus that minimizes waste and reduces the carbon footprint.

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•	Sustainable E-commerce Packaging aimed to design an innovative e-commerce	465
	packaging solution that reduces environmental impact and aligns with con-	466
	sumer preferences for sustainability	467
m	ediate Sustainability Challenges:	468

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Intermediate Sustainability Challenges:

- Zero-Waste Personal Care aimed to design a zero-waste subscription service for personal care products that eliminates or significantly reduces packaging waste while still delivering high-quality, effective products
- Sustainable Grieving Practices aimed to develop innovative urban mobility so-472 lutions that tackle traffic congestion and pollution, enhancing the overall ef-473 ficiency, sustainability, and quality of urban transportation 474
- Innovative Urban Mobility Solutions aimed to develop innovative urban mobil-475 ity solutions that tackle traffic congestion and pollution, enhancing the overall efficiency, sustainability, and quality of urban transportation 477
- Advanced Sustainability Challenges:
- Carbon-Neutral Urban Redevelopment aimed to design and "implement" a 479 comprehensive plan to transform an existing urban neighborhood into a car-480 bon-neutral community 481
- Sustainable Transformation of the Fashion Industry aimed to transform a tradi-482 tional toy manufacturing facility into a zero-waste operation, where waste 483 generation is minimized, energy efficiency is optimized, and resources are 484 used in a sustainable manner. 485
- Zero-Waste Toy Manufacturing aimed to transform a traditional toy manufac-486 turing facility into a zero-waste operation, where waste generation is mini-487 mized, energy efficiency is optimized, and resources are used in a sustaina-488 ble manner. 489

The Novice and Beginner levels of the Sustainability Challenges were designed to 490 improve existing business or pursue an innovative product or service within a company 491 (intrapreneurship). The intermediate and advanced levels target new businesses or de-492 velop a concept for a new business (entrepreneurship). 493

Sustainability Challenges contain a clear Title that references the activity and pro-494 posed results, a single paragraph that introduces the challenge, accompanied by an image, 495 which together can inspire conversation and questioning, the Objectives and the Constraints 496 which are crafted to establish the parameters for the activity as well as six design thinking 497 steps which follow the brief to readily go back as many steps as required to "do it again" 498 is essential to the 3i model of design thinking and its "fail fast" ethos. 499

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Sustainability Challenge: N	lovice			
Green Off	ice Practices			
	Offices play a significant role in environmental impact due to energy consumption, waste generation, and commuting. This challenge aims to design and implement sustainable practices within office environments, reducing energy consumption, promoting recycling.			
	and minimizing waste. It seeks to engage employees and make sustainable practices a seamless part of office life.			
Objective				
	istainable practices within the office environment for a successful uce energy consumption, promote recycling, and minimize waste			
Constraints				
 The solution should be easy to adopt without significant costs. 				
It should encourage employee engagement and participation.				
It must comply with workplace safety regulations.				
4. It should address all thre	ee bottom lines: people, planet, and profit.			
Design Thinking Stage	S			
1. Empathizing: Research sustainable office practi	and understand employees' preferences and pain points related to ices.			
 Re-defining to understa can be made. 	and: Clearly identify the key areas where sustainability improvements			
 Ideating: Explore how y sustainability. 	ou might adapt simple and cost-effective ideas for improving office			
	mple representations of your sustainable office practices.			
	ected practices and gather feedback/feedforward from stakeholders.			
	needed.			

Figure 3. Sample Novice Sustainability Challenge.

Source: SEED Project

The teacher can use the Sustainability Challenges sequentially or build his own course503by choosing the levels, experience with business, and topics according to the needs analysis of the students in a specific course.504

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8.4. Case studies

Ten selected *SEED Case Studies* showcase the implementation of design thinking in the world of business and beyond. The case studies support the SEED course on *Entrepreneurship for a Sustainable Future*. The case studies explore how a variety of private companies and public entities have applied human-centered design approaches to launch new products and services on the market. They concern the following companies and initiatives: 513

٠	Apple's iPhone,	514
٠	Airbnb,	515
•	Tesla's Electric Vehicles,	516
٠	IDEO's work with the Mayo Clinic,	517
٠	Nike's Flyknit Shoes,	518
٠	Uber Ride Sharing,	519
٠	Netflix Streaming Services,	520
•	Starbucks' Mobile Ordering,	521
٠	Raia Heritage Initiative: Safeguarding the spirit,	522
٠	NextGen Vocational Ed. and Training School.	523
		524

All *Case Studies* were described in a unified way using the 6 steps of design thinking: 525 Empathizing, Re-defining to Understand, Ideating, Prototyping, Evaluating and Implementing. These six design thinking steps mirror the activities in the *Sustainability Chal-*527 *lenges* of the *SEED course on Entrepreneurship for a Sustainable Future*. After the description 528 of each step, there is a *Further Reading* section containing references to useful sources with 529 additional information as well as *Discussion questions related to…* section providing example discussion questions for teachers to use when facilitating class discussions about case. 531



Figure 4. Six design thinking steps in the SEED Case Studies

Source: SEED Project

8.4. Tools for assessing students' progress

The SEED Grading Rubric was designed for simultaneous learning and assessment. 536 It assumes that discussion of learning objectives with students engages them, both moti-537 vates and informs the students about what is expected of them. The teacher should share 538 the assessment rubric with the students and allow time for questions and answers to en-539 hance the students' awareness of the assessment criteria. The rubric should not only be 540 used for assessment but also as an independent learning and reflection tool. The use of 541 the rubric will ensure that students have enriched understandings that can spill over to 542 other parts of academic and personal development to foster innovation and excellence. 543 The SEED Grading Rubric includes assessment of the risk-taking and boundary crossing 544 required to engage in exploring new areas, divided to account for successful teamwork 545 and communication in identification, coordination, reflection, and transformation as fol-546 lows: 547

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- Risk-taking. Identification and Reflection key entrepreneurship issues precisely articulated. Deep understanding of personal and group learning.
- Boundary crossing: Coordination and Transformation diverse boundaries coordinated and transformed; coordinated collaboration plans; learning applied to real-world scenarios with innovative thinking and adaptability.

Beyond the assessment of the risk-taking and boundary crossing, the SEED Grading Rubric reflects the fundamental concepts of entrepreneurship for a sustainable future, shown with maximum assessment levels:

- Feasibility well-thought-out and feasible solutions proposed, considering potential obstacles and practical implementation.
- Market potential strong analysis of the target market (including size and characteristics) and market potential for the proposed solution.
- Triple Bottom Line (3BL or TBL) People, Planet, and Profit: All three bottom 560 lines were addressed with thorough and well-researched analysis. 561

- Addressing and solving the challenge comprehensive and insightful anal-562 • ysis of challenge-specific metrics directly related to the presented solution to 563 the sustainability challenge. 564565
- Novelty Highly Original: Demonstrates a fresh perspective. •

Students can be evaluated on their group's solutions to the sustainability challenge using the SEED Grading Rubric outlined in Table 2.

Table 2. SEED Grading Rubric

Criteria	0 points	1 point	2 points	3 points
Risk-taking: Identification and Reflect	- Significant issues are missing;	Limited identifi-	Minor gaps in	Key entrepre-
tion	no reflection on the learning	cation of key is-	the key issues,	neurship issues
	experience.	sues and reflec-	Potential for	precisely articu-
		tion.	more explora-	lated. Deep un-
			tion of further	derstanding of
			meaningful re-	personal and
			flection	group learning.
Boundary crossing: Coordination and	l Flawed or no collaboration	Some coordina-	Potential for ef-	Diverse bound-
Transformation	plans; insights are not action-	tion but plans	fective coordi-	aries, coordi-
	able strategies.	suffer from exe-	nation across	nated and trans-
	-	cution chal-	boundaries to	formed; coordi-
		lenges; strate-	transform ideas	nated collabora-
		gies lack inno-	into actionable	tion plans;
		vation or adapt-	strategies for	learning applied
		ability.	sustainable en-	to real-world
		-	trepreneurship.	scenarios with
				innovative
				thinking and
				adaptability.
Feasibility	Solutions lack practicality	Limited consid-	Some aspects of	Well-thought-
	and feasibility; implementa-	eration of feasi-	feasibility con-	out and feasible
	tion challenges not addressed	bility; signifi-	sidered, but sig-	solutions pro-
	at all.	cant implemen-	nificant imple-	posed, consider-
		tation chal-	mentation chal-	ing potential ob-
		lenges un-	lenges remain	stacles and prac-
		addressed.	unaddressed.	tical implemen-
				tation.
Market potential	Limited understanding of the	Some under-	Some under-	Strong analysis
	target market and its poten-	standing of the	standing of the	of the target
	tial.	target market,	target market,	market (includ-
		but minimal ex-	but market po-	ing size and
		ploration of	tential not fully	characteristics)
		market poten-	explored or ar-	and market po-
		tial.	ticulated.	tential for the
				proposed solu-
				tion.
Triple Bottom Line	People, planet and profit not	Limited atten-	All three bottom	All three bottom
	considered.	tion to one or	lines addressed,	lines addressed
		two of the three	but with incom-	with thorough
		bottom lines.	plete or superfi-	and well-re-
			cial analysis.	searched analy-
				sis.

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lack of relevance to the presented challenge. lenge-specific specific metrics, analysis of chal metrics; limited but limited rele-lenge-specific relevance or vance or depth. metrics; limited but limited rele-lenge-specific relevance or depth. related to the presented solution to the sustainability challenge. Novelty Lack of originality: Limited Moderate levelHighly original ideas presented are common originality:					
lack of relevance to the presented challenge. lenge-specific specific metrics, analysis of chal metrics; limited but limited rele-lenge-specific relevance or vance or depth. metrics; limited but limited rele-lenge-specific relevance or vance or depth. metrics directly depth. metrics; limited but limited rele-lenge-specific relevance or vance or depth. metrics directly related to the presented solution to the sustainability challenge. Novelty Lack of originality: Limited Moderate levelHighly original ideas presented are common originality: or unremarkable. ideas lack crea- some creative tive. fresh perspective.	Addressing and solving the challenge	Insufficient consideration of	Minimal atten-	Some attention	Comprehensive
sented challenge. metrics; limited but limited rele- lenge-specific relevance or vance or depth. metrics directly depth. related to the presented solu- tion to the sus- tainability chal- lenge. Novelty Lack of originality: Limited Moderate levelHighly original ideas presented are common originality: of originality: demonstrates a or unremarkable. ideas lack crea- some creative tivity or unique- ideas presented. fresh perspec- tive.		challenge-specific metrics;	tion to chal-	to challenge-	and insightful
relevance or vance or depth. metrics directly depth. related to the presented solu- tion to the sus- tainability chal- lenge. Novelty Lack of originality: Limited Moderate levelHighly original ideas presented are common originality: of originality: demonstrates a or unremarkable. ideas lack crea- some creative fresh perspec- tivity or unique-ideas presented. tive.		lack of relevance to the pre-	lenge-specific	specific metrics,	analysis of chal-
depth. related to the presented solu- tion to the sus- tainability chal- lenge. Novelty Lack of originality: Limited Moderate levelHighly original ideas presented are common originality: of originality: demonstrates a or unremarkable. ideas lack crea- some creative fresh perspec- tivity or unique- ideas presented. five.		sented challenge.	metrics; limited	but limited rele-	lenge-specific
Presented solu- tion to the sus- tainability chal- lenge. Novelty Lack of originality: Limited Moderate levelHighly original ideas presented are common originality: of originality: demonstrates a or unremarkable. ideas lack crea- some creative fresh perspec- tivity or unique- ideas presented. tive.			relevance or	vance or depth.	metrics directly
tion to the sustainability challenge. Novelty Lack of originality: Limited Moderate levelHighly original ideas presented are common originality: of originality: demonstrates a or unremarkable. ideas presented. ideas presented.			depth.		related to the
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Novelty Lack of originality: Limited Moderate levelHighly original ideas presented are common originality: of originality: demonstrates a or unremarkable. ideas lack crea- some creative fresh perspec- tivity or unique-ideas presented. tive.					tainability chal-
ideas presented are common originality: of originality: demonstrates a or unremarkable. ideas lack crea-some creative fresh perspec- tivity or unique-ideas presented. tive.					lenge.
or unremarkable. ideas lack crea-some creative fresh perspec- tivity or unique-ideas presented. tive.	Novelty	Lack of originality:	Limited	Moderate level	Highly original:
tivity or unique-ideas presented.		ideas presented are common	originality:	of originality:	demonstrates a
tivity of unique- ideas presented.		or unremarkable.	ideas lack crea-	some creative	fresh perspec-
ness.			tivity or unique-	ideas presented.	tive.
			ness.	-	

Source: SEED Project

Experimenting with students (during the piloting phase) showed that they felt par-571 ticular interest in "risk taking" and "boundary crossing" in the SEED Grading Rubric. 572 They felt relieved that their initiative and creativity might be recognized through the ru-573 bric and that this evidence, when shared in advance, could help to encourage taking risks 574 and ideating in transdisciplinary contexts. They pointed out the confidence it inspired 575 since design thinking especially requires them to engage fully in exploration, curiosity, 576 and impertinent inquisitiveness. The rubric also includes feasibility (covering implemen-577 tation challenges, potential obstacles, and practical implementation), market potential (in-578 cluding analysis of the target market (including size and characteristics), the Triple Bot-579 tom Line (TBL/3BL) of people, planet, and profit, addressing and solving the challenge 580 using challenge-specific metrics, and novelty, tracing their engagement and performance 581 as they learn to reach for innovation in the context of sustainability. 582

9. Conclusions

Nowadays the need for sustainability is well visible in the modern world. Tackling 584 challenges of sustainable development requires innovative approaches in education to 585 well prepare future generations of employees for solving problems in this interdiscipli-586 nary area. This paper explores the role of innovative education strategies in shaping HEIs 587 approaches to teach Gen Z and Alfa representatives who will help to achieve SDGs in the 588 near future. The integration of SDGs into higher education curricula through innovative 589 teaching methods like GBL, CBL, DT, that align with new generations learning prefer-590 ences offers significant potential for shaping future workforce. Companies that hire grad-591 uates with high level of SDGs awareness and understanding will benefit from innovative, 592 sustainability responsible and forward-thinking employees. However, there is an urgent 593 need for further research, development and implementation of these strategies. Educa-594 tional innovations are crucial as they are driving force for successful addressing of chal-595 lenges posted by sustainable development both now and in the future. 596

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